

S.O.V.T. Singing

What Is It?

**SOVT (Semi Occluded Vocal Tract)
Singing involves singing with a partially
closed vocal tract**

Why Is It Helpful?

**SOVT singing improve resonance and
breath control while reducing vocal
strain.**

How Can You Do It?

**Try humming, lip trilling, or
phonating through a straw) while
maintaining steady airflow and your
voice reaxed**